

DAY 3

***Virtual Check Amount - \$200**

The Windfall Game		003
Pay	<u>Windfall Game Player</u>	\$ <u>200.00</u>
	<u>Two hundred</u>	Dollars Φ
<u>The Universe</u>		
:100009447:0694"053":03200":003		

Day three already. With today's check you've now racked up 350 bucks in all. How would you handle an unexpected 350 dollars in "real time"? Where would you spend that money to gain the maximum pleasure and satisfaction? Think it over. Just focus on yourself and what you'd like to do or have with this little windfall.

Keep It Light

As the days go by and you receive more and more virtual checks, remember that the most important thing is to have fun. If the game begins to feel like a drag, you may be pushing yourself too hard. So take a break; come back to the game later. You can even let a check or two stack up now and then, but stay as current as you can manage.

Also, keep your focus on enjoying what you're buying. Don't let yourself slide into the Scarcity trap, in which you start feeling bummed because you don't have all of these experiences or things in "real life." Just have fun with the game.

Playing it can be a great clarification exercise, getting you to stop and actually think about what you really want. If you do that, what you come up



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with may surprise you. And it may excite you, as well, so don't go after less than you want.

“Extra Credit”

Although these virtual checks carry no obligation on your part, most from now on come with a suggestion or challenge. These, obviously, you may follow or simply ignore. You still get to “spend” each check just as you choose. But if you also carry out at least some of the challenges, you add a little bang to the buck—powering up the inner shifts you're making.

So here's today's challenge. See if you can get through the next twenty-four hours without putting yourself down in any way, however mild, or comparing yourself unfavorably with another. It's a simple challenge, but simple doesn't always spell easy.

And what does this challenge have to do with the game? Plenty, because you can't move into an expansive mode when you're down on yourself. Won't work, can't be done, because self-criticism keeps you firmly in Scarcity. And in that place, you're never “enough.” So, stay out of there today, okay?

**Disclaimer: The checks you receive in this game are virtual checks that can be spent only in your mind and heart. Do not try to cash these checks or use them to buy things in real time.*

